

Blending Traditional Native American Beliefs and Practices with Nurturing Parenting

Nurturing Parenting Program



The Denver Indian Family Resource Center offers Nurturing Skills for Native American families, and families raising Native American children.

The Nurturing Parenting Program (NPP) meets once a week for 10-weeks. Each session is 2.5 hours in length.

Each family will be provided with an NPP handbook for use in the weekly sessions and at home exercises.

Please contact INFO@DIFRC.ORG for more information about the program.

The curriculum promotes children to be raised in caring homes nourishing self-worth, personal empowerment, cooperation, compassion, respect, and expectations that are developmentally appropriate – *all without violence*.

In the program parents will learn the strategies and techniques that promote empathy in children and form the basis of the daily family interactions.

Parents will learn the importance of taking care of and nurturing themselves.

Traditional practices, traditional values, spirituality, and historical trauma will be integrated into the contemporary concepts of parenting and successful historical approaches to working with Native American families.



Denver Indian Family Resource Center
1633 Fillmore St., GL 2
Denver, CO 80206 720-500-1020